

# Some things are just better together...

like your major medical plan and  
Accident Expense Plus<sup>SM</sup> Insurance



The intelligent, affordable way to complete  
your health insurance program

Over 50% of  
all bankruptcies  
in America are  
medically related.<sup>1</sup>



To cope with skyrocketing medical costs, more and more employers and individuals are choosing major medical insurance policies that have increased deductibles and co-pays. While these plans often make health insurance premiums more affordable, they also shift responsibility for a large portion of health care costs to you.

Accident Expense Plus<sup>SM</sup> is perfect for individuals and families who would like to experience fewer out-of-pocket medical expenses in the case of an accident or critical illness.<sup>2</sup>

<sup>1</sup> "Illness and Injury as contributors to Bankruptcy." *Health Affairs*, Winter 2005.

<sup>2</sup> The Critical Illness Rider is not available in all states. Please consult your agent or review the policy and outline of coverage for your state.



**Maria, 33, graphic designer**

### **A broken leg won't stop this leap into self-employment**

Leaving the corporate world to start her own graphic design business was a big step for Maria. One of her biggest concerns was medical insurance — could she find affordable coverage?

Maria purchased a major medical plan with a low premium — but a \$5,000 deductible. To help cover her high deductible and coinsurance costs, she supplemented the policy with an Accident Expense Plus plan. She opted for the \$7,000 per calendar year accident benefit with a \$250 deductible.

Three months later, Maria fell, breaking her leg in two places. Her injury required an emergency room visit, surgery to reset the bone, three months in a cast and six weeks of physical therapy. The medical bills could have derailed her business plans, but because Maria had an Accident Expense Plus policy, her only expense was the \$250 deductible. Broken leg or not, Maria kept marching steadily toward her goals.

Not an actual case; presented for illustrative purposes only.

## Imagine a financial tool that:

- **Helps cover deductibles, co-pays and other expenses not covered by your primary major medical plan.**
- **Pays medical benefits to you regardless of other coverage you have.**
- **Rapidly reimburses you for a wide variety of covered medical expenses related to accidents.**
- **Provides lump sum payouts if you're diagnosed with any of three major critical illnesses.<sup>2</sup>**

That's Accident Expense Plus — an economical and intelligent way to protect your family from today's high health care costs. Accident Expense Plus provides benefits for a wide range of accident-related costs, from emergency room visits to physical therapy to diagnostic exams — even surgery. The “plus” is an optional Critical Illness Rider that can pay a lump sum benefit if you're diagnosed with invasive cancer, heart attack or stroke.

## Did you know?

Accidents occur more frequently than you might think.

- **About 1 out of every 9 Americans seek medical attention for an injury each year.<sup>3</sup>**
- **Over 28 million people were treated in hospital emergency rooms for injuries.<sup>3</sup>**
- **Approximately 58.4 million visits to physician offices were due to unintentional injuries.<sup>3</sup>**



**Jack, 16, rising basketball star**

### **Out-of-network specialist is an affordable part of the team**

*Needed treatment from a specialist outside the network of their major medical plan*

John and Samantha were proud parents — their son Jack was an outstanding student who was also becoming a highly-recruited basketball star. When he fractured his wrist in the playoffs, the family's doctor referred him to a specialist outside their major medical carrier's network.

Thanks to the family's Accident Expense Plus policy, John and Samantha were promptly reimbursed for their out-of-network expenses and received additional benefits for the treatment and physical therapy. Jack made a full recovery and was back on the court the following season. His bank shot — and his parents' bank accounts — were as strong as ever.

Not an actual case; presented for illustrative purposes only.

<sup>3</sup> National Safety Council, *Injury Facts*, 2007.

# Flexible Policy Options

Accident Expense Plus allows you to choose deductible amounts ranging from \$0 to \$500 and calendar year benefit maximums in increments of \$1,000 up to \$15,000. Annual benefits for the Critical Illness Rider<sup>2</sup> are \$5,000, \$10,000, \$15,000, \$20,000 or \$25,000. Accident Expense Plus gives you the power to tailor your benefits to your budget and your individual needs.

## Accident Benefits<sup>4</sup>

<b>Deductible</b> (the amount of covered medical costs you're responsible for paying)	Four options: \$0, \$100, \$250 or \$500 annual deductible
<b>Benefit Amounts</b> (per calendar year)	\$1,000 to \$15,000 in \$1,000 increments
<b>Covered Expenses</b>	Emergency room, hospital charges, surgery, physician charges, physical therapy, urgent care center, ambulance, major diagnostic exams, x-rays, prosthesis, drugs administered in a hospital or urgent care center
<b>Family Coverage Options</b>	Spouse and/or children may be included in the policy
<b>How to Qualify for a Policy</b>	Are you age 64 or under? If so, you qualify. No questions asked.
<b>Coordination of Benefits</b>	This plan does not coordinate with other health insurance coverage. Benefits are paid in addition to those received from other health insurance policies.

## Critical Illness Rider Benefits<sup>2,5</sup>

<b>Deductible</b>	None. If you're diagnosed with a covered critical illness, you receive a lump sum benefit. It's that simple.
<b>Covered Critical Illnesses</b>	Heart attack, stroke, invasive cancer
<b>Benefit Amounts</b>	One time lump sum payout of \$5,000, \$10,000, \$15,000, \$20,000 or \$25,000
<b>Family Coverage Options</b>	Spouse and children may be included in the rider
<b>How to Qualify for Coverage</b>	Three simple questions on the application
<b>Coordination of Benefits</b>	This plan does not coordinate with other insurance coverage. Benefits are paid in addition to those received from other health insurance policies.

<sup>4</sup> Reimbursement is paid after deductible has been satisfied and subject to selected calendar year benefit maximum.

<sup>5</sup> There may be a charge for each rider selected. See rider details regarding the benefit descriptions, limitations and exclusions.

# Exclusions

All benefits payable are subject to the terms and conditions of the policy, including benefit durations, limitations and exclusions. Not all benefit and exclusions apply in every state. Please consult the policy form and outline of coverage for details.

Comprehensive medical coverage may be required in some states in order to apply for or maintain this policy.

Policies issued by:

**American General Life Insurance Company**

2727-A Allen Parkway, Houston, Texas 77019

Accident Expense Plus Policy Form Number 07120

Critical Illness Rider Form Number 07121

**Important Note:** All benefits payable are subject to the terms and conditions of the policy, including benefit durations, limitations and exclusions. Not all benefits and exclusions apply in every state. Please consult the policy form and outline of coverage for details. There may be a charge for each rider selected. See the rider for details regarding the benefit descriptions, limitations and exclusions. Comprehensive medical coverage may be required in some states in order to apply for or maintain the policy.

The underwriting risks, financial and contractual obligations and support functions associated with products issued by American General Life Insurance Company (AGL) are its responsibility. AGL does not solicit business in the state of New York. Policies and riders not available in all states.

American General Life Companies, [www.americangeneral.com](http://www.americangeneral.com), is the marketing name for the insurance companies and affiliates comprising the domestic life operations of American International Group, Inc., including AGL.

American General Life Companies offer a broad spectrum of fixed and variable life insurance, annuities and accident and health products to serve the financial and estate planning needs of its customers throughout the United States.

© 2009. All rights reserved.

AGLC102875 REV0109



## Did you know?

- About 1 out of every 9 people seek medical attention for an injury each year.<sup>1</sup>
- Americans suffer more than 1 million heart attacks, 700,000 strokes<sup>2</sup> and 1.4 million cancer diagnoses every year.<sup>3</sup>

## Common Questions about Accident Expense Plus<sup>SM</sup> Insurance

### How does the accident coverage work?

This policy reimburses you up to your calendar year maximum benefit for a covered accident. If you choose a deductible option other than \$0, then your deductible must be satisfied before reimbursement. Covered expenses include hospital costs, surgical costs, x-rays, emergency room, physician, urgent care centers and more.

### How does the policy provide critical illness benefits?<sup>4</sup>

The Critical Illness Rider pays a lump sum benefit upon initial diagnosis of a covered heart attack, stroke, or invasive cancer. Once you're paid benefits for a critical illness, the rider will terminate — along with the premium you were paying for that portion of the policy.

### Who should consider an Accident Expense Plus policy?

- Anyone who has a major medical plan with a significant deductible, large co-pays, or limited access to health care providers.
- Anyone seeking to reduce their out-of-pocket health care expenses.
- Families with athletes at risk of injury.

### How much does it cost?

Premiums for accident coverage depend on your age, gender, the benefit amount and deductible you choose and whether the policy includes individual or family coverage.

### How does the family deductible work?

With a family plan, once out-of-pocket charges reach double the chosen deductible, additional claims for the year are paid from the first dollar. Example: A family of four chooses a \$250 deductible. If the husband has a claim for \$200 and the wife has a claim for \$200, neither has satisfied their \$250 deductible. If a child then has a covered accident, he or she only has to satisfy \$100 of the remaining family deductible (\$500-\$400=\$100) before benefits are paid. Since the family deductible has been met, claims made over the rest of the year will be paid up to the maximum policy benefit.

### My health plan has a relatively low deductible. Would this policy be of any benefit to me?

Absolutely. Because Accident Expense Plus pays benefits regardless of other coverage you have, it can be of great value even when your primary plan has a relatively low deductible.

### If my major medical policy covers medical expenses for an accident or critical illness,<sup>4</sup> can I also receive benefits from an Accident Expense Plus policy?

Yes, there is no coordination between Accident Expense Plus and any other medical insurance policy. The Accident Expense Plus policy pays under the terms of the contract in addition to any benefits received from your major medical policy.

### How difficult is it to qualify for the policy?

There are no medical qualifications for accident coverage. Individuals up to age 64 are eligible for this plan. Qualification for the Critical Illness Rider depends on your answers to three simple health questions on the application.

*Continued on back*

## Accident Expense Plus and High-Deductible Insurance Plans: A Winning Combination



A high-deductible plan may create enough savings to cover the cost of an Accident Expense Plus policy — and you'll enjoy peace of mind, knowing you'll receive prompt reimbursement for accidents and valuable lump sum benefits for critical illnesses.

### If I have a \$3,000 deductible on my major medical policy, am I limited to a \$3,000 maximum benefit on Accident Expense Plus?

Not at all. Your Accident Expense Plus policy is completely independent of other coverage you may have. In fact, you may want to purchase a benefit that's even higher than your deductible to help cover co-payments or coinsurance in your medical policy in addition to the plan deductible.

### Can I purchase this policy if I do not have major medical coverage?

Although it is always a good idea to have major medical coverage, this is a stand-alone policy and does not require you to have major medical coverage. Some states, however, require you to own comprehensive medical coverage before applying or purchasing an accident policy. Ask your agent for details regarding your state of residence.

### Is the amount of critical illness protection<sup>5</sup> related to the accident expense benefit I choose?

No. You have the flexibility to choose the amount of critical illness coverage that meets your needs. Available critical illness benefit amounts are \$5,000<sup>4</sup>, \$10,000, \$15,000, \$20,000 and \$25,000.

### If I have family coverage on the Accident Expense Plus policy, do I have to provide critical illness coverage<sup>4</sup> to all family members?

No, the decision to provide critical illness coverage for your spouse and/or children is optional; however, the primary insured must have critical illness coverage in order to provide coverage for the spouse and children.

<sup>1</sup> National Safety Council, Injury Facts 2007 Edition.

<sup>2</sup> American Heart Association, Heart Disease and Stroke Statistics - 2007 Update.

<sup>3</sup> American Cancer Society, Cancer Facts and Figures - 2007.

<sup>4</sup> The Critical Illness Rider is not available in all states. Please consult your agent or review the policy and outline of coverage for your state.

<sup>5</sup> The minimum benefit is \$25,000 in the following states: Delaware, Iowa, Kansas, Oklahoma, South Carolina, Texas, Vermont, West Virginia.

## American General Life Companies

Policies issued by:

**American General Life Insurance Company**  
2727-A Allen Parkway, Houston, Texas 77019

Accident Expense Plus Policy Form Number 07120  
Critical Illness Rider Form Number 07121

**Important Note:** All benefits payable are subject to the terms and conditions of the policy, including benefit durations, limitations and exclusions. Not all benefits and exclusions apply in every state. Please consult the policy form and outline of coverage for details. There may be a charge for each rider selected. See the rider for details regarding the benefit descriptions, limitations and exclusions. Comprehensive medical coverage may be required in some states in order to apply for or maintain the policy.

The underwriting risks, financial and contractual obligations and support functions associated with products issued by American General Life Insurance Company (AGL) are its responsibility. AGL does not solicit business in the state of New York. Policies and riders not available in all states.

American General Life Companies, [www.americangeneral.com](http://www.americangeneral.com), is the marketing name for the insurance companies and affiliates comprising the domestic life operations of American International Group, Inc., including AGL.

American General Life Companies offer a broad spectrum of fixed and variable life insurance, annuities and accident and health products to serve the financial and estate planning needs of its customers throughout the United States.

## Accident Expense Plus and your Major Medical Plan —



**Some things just go better together**

**American General**  
Life Companies

## Accident Expense Plus® Insurance A Case Study\*

**Janet, recreational downhill skier**

**Problem:** *Knee injury resulted in \$12,225 of medical bills and three weeks lost compensation*

**Solution:** *Accident Expense Plus combined with a major medical plan covered all medical expenses with money left over to help with living expenses while Janet could not work.*

Last month, Janet was skiing with some friends late in the day. A surprise winter storm caught them at the top of the mountain. Icy conditions and limited visibility caused Janet to lose control and tumble down the mountain. She had a twisted knee and needed assistance from the ski patrol getting to the bottom of the mountain.

On the ride home with an ice pack on her knee, Janet began thinking about her next steps. She would go to the doctor first thing in the morning since it was late and she was not in unbearable pain. She had purchased new medical coverage a few months ago – an individual major medical plan and an Accident Expense Plus insurance policy with no deductible and a \$5,000 calendar year maximum benefit. With relief, she remembered her agent explaining that the accident policy would help to cover the \$2,000 deductible of her major medical plan, and she would most likely not incur any out-of-pocket medical costs due to the accident.

Janet made an appointment with her doctor for the next morning. When she referred to her Accident Expense Plus policy, she confirmed that the policy required her to see a doctor within 72 hours of her injury. During the appointment, Janet's doctor ordered an X-ray which confirmed that nothing was broken. He then referred her to an orthopedic specialist—Dr. Thomas—to evaluate ligament damage.

Dr. Thomas ordered an MRI which indicated that she had medial collateral ligament damage to her knee. The doctor advised her that surgery would be necessary but that the internal swelling would have to be reduced and the stabilization muscles would need to be strengthened before surgery. He prescribed ten physical therapy sessions.

Janet completed her physical therapy sessions in nine weeks and returned to Dr. Thomas who ordered another MRI and confirmed Janet was ready for surgery. It had been ten weeks since her accident.

After surgery, Janet continued with another three weeks of physical therapy. Her follow-up visit with Dr. Thomas revealed that she was healing nicely. Dr. Thomas asked Janet to come back for a final visit in one month. Since the accident, Janet had accumulated three weeks of unpaid time-off from work.

\*Not an actual case; for illustrative purposes only

## Summary



Janet used \$2,000 of her \$5,000 Accident Expense Plus reimbursement to pay her major medical plan deductible. Since the remaining expenses were also covered 100 percent by her major medical plan, she had \$3,000 left over to help pay living and other expenses while she was not able to work. Even though she had to endure the pain of an injury, she recovered with no out-of-pocket medical expenses or injury to her finances.

MEDICAL CARE AND COVERAGE SUMMARY			
Date of Accidental Injury 2/3/09			
Service	Cost	Accident Expense Plus	Major Medical Plan
1st Doctor Visit 2/4/09	\$110	Covered 100% (within 72 hours of accidental injury)	Not covered until \$2,500 deductible is met
X-ray 2/4/09	\$170	Covered 100%	Not covered until \$2,500 deductible is met
1st Specialist Visit 2/6/09	\$125	Covered 100%	Not covered until \$2,500 deductible is met
MRI 2/6/09	\$1,100	Covered 100% <sup>1</sup>	Not covered until \$2,500 deductible is met
10 Physical Therapy Sessions 2/9 - 4/9/09	\$850	Covered 100% (up to 10 sessions)	\$355 covered (deductible met)
2nd Specialist Visit 4/13/09	\$125	Not covered <sup>2</sup> (more than 30 days after accidental injury)	Covered 100%
MRI 4/14/09	\$1,100	Not covered <sup>1</sup>	Covered 100%
Surgery 4/17/09	\$7,800	Covered up to \$2,645 (benefit maximum reached)	Covered 100%
7 Physical Therapy Sessions 4/29 - 5/18/09	\$595	Not covered (benefit maximum reached)	Covered 100%
3rd Specialist Visit 5/22/09	\$125	Not covered <sup>2</sup> (benefit maximum reached)	Covered 100%
Final Specialist Visit 6/22/09	\$125	Not covered <sup>2</sup> (benefit maximum reached)	Covered 100%
<b>Total Medical Expenses</b>	<b>(\$12,225)</b>		
<b>Paid by Major Medical Plan</b>	<b>\$10,225</b>		
<b>Paid by Accident Expense Plus</b>	<b>\$5,000</b>		
<b>This Amount Can Be Used to Help Replace Lost Wages or Pay Other Expenses</b>	<b>\$3,000</b>		

<sup>1</sup> Policy allows for one major diagnostic exam if conducted within 14 days of the accident.

<sup>2</sup> Follow-up physician visits must occur within 30 days of the accidental injury or discharge from the hospital. The policy allows for a total of 3 follow-up physician visits, but not more than 1 follow-up physician visit per day.

**American General**  
Life Companies

Policies issued by: **American General Life Insurance Company**, 2727-A Allen Parkway, Houston, Texas 77019. Accident Expense Plus Policy Form Number 07120. Critical Illness Rider Form Number 07121. **Important Note:** All benefits payable are subject to the terms and conditions of the policy, including benefit durations, limitations and exclusions. Not all benefits and exclusions apply in every state. Please consult the policy form and outline of coverage for details. There may be a charge for each rider selected. See the rider for details regarding the benefit descriptions, limitations and exclusions. Comprehensive medical coverage may be required in some states in order to apply for or maintain the policy. The underwriting risks, financial and contractual obligations and support functions associated with products issued by American General Life Insurance Company (AGL) are its responsibility. AGL does not solicit business in the state of New York. Policies and riders not available in all states. American General Life Companies, www.americangeneral.com, is the marketing name for the insurance companies and affiliates comprising the domestic life operations of American International Group, Inc.